

A woman with her hair in a bun, seen from behind, stands on a sandy beach. She is wearing a white spaghetti-strap dress with a long, flowing, sheer overlay featuring a green and blue leaf pattern. She is looking out at the ocean under a warm, golden sunset sky. Driftwood is visible on the left and right sides of the frame. In the bottom right corner, there is a blurred image of several bottles, likely spa products.

THE
NAUTILUS
BEACH & OCEAN HOUSES
MALDIVES

Experience the unexpected

AN EXCEPTIONAL SPA JOURNEY WITH MAISON CAULIÈRES

COMBINING ULTRA-LUXE BOHEMIAN SPIRIT WITH THE FRENCH ART OF LIVING

Together with Maison Caulières, The Nautilus brings you a new spa experience, blending the best of both worlds: the French art of living with pure, premium, all-natural products of Maison Caulières infused with the ultra-luxe bohemian spirit of The Nautilus's Solasta Spa treatments. Solasta Spa curates the most luxurious, indulgent, and reinvigorating spa journeys to spoil you: to ease the cares of the world from your shoulders, to remind you of what really matters.

In this spirit, this multisensory spa experience delivers well-being to those looking for a sense of calm and healing, harmonising the body while re-energising the mind.

Beginning as the sun starts to set, the multi-hued horizon beckons you into a dream world of total freedom – via a luxury yacht ride to a secluded sandbank. In an environment that only The Nautilus can offer, on warm sands, under a bohemian-chic canopy, the treatment starts with an immersion into the Maldivian tradition of exfoliating beach sand massage. Using Maison Caulières's sugar gourmet body scrub of broom flower, honey, sugar and purest sunflower, rapeseed and linseed oil, expert therapists gently exfoliate your body to revive, smoothen and moisturise the skin.

Once the scrub is rinsed off with a dip in the warm Indian Ocean, an ultra-hydrating body wrap of fresh coconut milk, aloe vera, freshly grated coconut, honey, lime, lemon and rice flour follows. The body wrap will be gently rinsed off with refreshing Oshibori scented towels and Maison Caulières's subtly scented moisturising body mist *Envolée Légère*, an exceptionally and subtly fresh mint and fresh cut grass scented milky mist, prepares the skin for our pièce de résistance: a full body treatment fusing Maison Caulières's signature massage with local muscle-relieving concoctions.







With a choice of pure French oil blends ranging from detoxing Vitamined Oil and comforting Protective Oil to Relaxing Oil and Toning Oil, a deep tissue and stretching massage to ease tension and enhance circulation, while inhaling the heavenly scents of citrus or cedar, bergamot or broom flower – among countless other tones. Warm Maldivian herbal sand poultices – made from mineral-rich local sand steamed in seawater – are applied to the back to feed and soothe the skin, while stimulating metabolism, lowering body temperature and – of course – inviting the deepest relaxation.

Emerge from the heavenly signature massage in a dreamy sense of restoration, and unwind further, sating the senses with a selection of Maison Caulières's warm herbal gourmet infusions. The herbal infusions draw on the unique beauty of the earth's seasons, harnessing the healing properties of herbs to offer something perfectly matched to your mood and needs. A delicious light spa meal is served to complement these soothing botanical blends: Think Maldivian sea almond cake, savoury breadfruit chips and slices of roasted coconut harvested right on the island. And imagine coconut honey cookies, made with Maison Caulières's sunflower honey, hand harvested from the Desforçges de Caulières beehives in the heart of the Loire Valley Castles, Gardens of France.

Upon returning to your island home-away-from-home, one final treat completes the exceptional spa journey. With your abode's comfortable ambience enhanced by the fragrance from your chosen Maison Caulières scented candle, a warm candlelit bath waits - begging to be sunk into its soothing waters, which are saturated with some special extras: Maison Caulières's Tourbillon Végétal infused oil and Nicolas bath salts with mint leaves. It's the ideal recipe for inducing sleep – and for finishing off a spa journey and intimate soirée in just the right way.





To start crafting your bespoke ultra-luxury Spa Experience

contact hello@thenautilusmaldives.com

